

# A PERFECT DAY

for ADVENTURE

## EDINBURGH

Edinburgh is a classic blend of style and fun offering visitors everything they could want from a holiday – a rich history, colourful shops and pubs and, last but by no means least, adventure.

From vibrant city walks to adrenaline-charged activities, the capital has a vast and unique range of ways to bring your holiday to life. To sum it up in just a few words, Edinburgh has it all and more.



*Princes Street Gardens*

Morning



*Biking at Glentress*

### Glentress

Head for Glentress, near Peebles in the Scottish Borders, to start your day with a mountain biking blast through the forest pines. A must-visit location, Glentress is the most popular and arguably the best mountain biking centre in Britain, with a reputation extending beyond the UK and exceeding all expectations. There are trails for every level of experience, and if you're a skilled biker looking for a real challenge visit its lesser-known but highly testing sister area – Innerleithen only 5 miles further east.

There's expert help on hand, advising you where to go and what to expect. And if you happen to be a novice in the saddle, don't worry because everything you need is here. From bikes and equipment to route planning, along with tops tips for safety and getting the most out of your adventure in the forest.

### Coastal Outdoor Adventures

An adventurous city break to Edinburgh would be incomplete without a visit to the nearby beaches of East Lothian and further down the east coast into the Scottish Borders. Take some surfing lessons at Belhaven Beach near Dunbar; ride the waves at Pease Bay or try some body boarding at Coldingham.

Or for those who really want to explore, a trip further down the coast to St Abb's Head is a must for a spot of diving or sea kayaking. As St Abb's is a National Nature Reserve, your trip will be made all the richer with a spot of wildlife watching too.

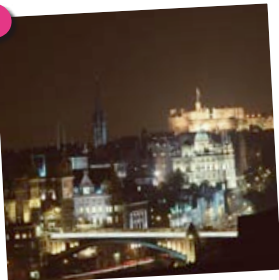
Whether you're pottering about on a beach investigating rock pools, strolling over quiet sandy dunes or skimming over the Firth of Forth in a power boat, you'll find your perfect adventure in East Lothian and the Borders, and all within easy reach of the city.

Afternoon



*surfing at Belhaven Bay*

Evening



*Edinburgh at night*

### A Room in the West End

Discover what makes Edinburgh one of the most romantic cities in the world by spending an evening in the centre wineing and dining. Make your way to a lovely little restaurant, A Room in the West End. Here you'll enjoy classic Scottish recipes served the way they should be. Come here and enjoy great food while having a good 'blether' without breaking the bank balance.